

# CREDO

## This I Believe

Sherry Robinson

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This is not an easy assignment for me. It requires time, thought and organization. How can I prepare something for the church newsletter in a matter of hours when I have just returned from vacation only to unpack and repack for a weekend wedding in Albany? Why, I still have to go through the mail, pay bills, listen to phone messages and read e-mails: “Can you host and greet this Sunday or any future Sunday?” “Can you make a salad and/or work Saturday at the dinner?” “Don’t forget there is a Session meeting Monday night!” “Can you write your ‘credo’ and have it in by Tuesday’s newsletter dead line?” I still have family, friends, work team mates who want or need my attention! It seems as though I hit the front door running the minute I pulled in the driveway from vacation! How do I pick and choose? It’s all God’s work, but do I need to let go and let God? What a comfort it is to know that I can let go and let God lead me in all matters and in all *that* matters!

In prayer I release all that is mistaken belief that I need to direct and control all the various aspects of my life. Time spent in prayer heightens my awareness of God and my own inner peace. Any tension melts away. As I reflect on my vacation, I recall that while having breakfast with my Aunt and Mom, we were discussing my required summer reading book, *Transforming Congregational Culture* by Anthony Robinson. My Aunt had stayed up late the prior night reading my book and found it very interesting; it seemed to hit home for her. Our breakfast topic that morning was “change”; we could have talked all day. My credo for this day: If I think of myself as a lamp plugged in to an electrical outlet, endless electricity is available, but if the lamp is not turned on, it cannot be a conduit for this energy. It cannot shed any light on its surroundings; the lamp must but be turned on to make it receptive to its source. Through time spent in prayer I become receptive to an endless supply of peace. There is no need for me to wander in darkness or confusion or doubt. Through quiet prayer I turn on and tune in to God. Here you will be able to pick, choose, and accept changes. Let go and let God.

Donna Goodfriend

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How can you put into words a feeling, knowledge, a hope, a belief that you hold inside you?

Your faith can begin with a bang, a suddenness that can overwhelm you and leave you with euphoria and an intense desire to know all you can know as soon as possible. Or your faith can start young and grow slowly, almost imperceptively at times and yet there will be flourishes of activity that will astound you.

I believe in God, that Jesus Christ, His son, came to teach us and show us God’s love by loving us himself. I believe the Holy Spirit dwells in me, sustains me, and gives me an assurance that God is with me no matter how I falter or fly while on my faith journey.